



MORINGA-OLEIFERA

ALMOST EVERY PART FROM MORINGATREE IS USEFUL

Leaves, Seeds, Pods, Flowers, Backs and Roots

USE MORINGA LEAVES POWDER

It contain:
a lot Vitamins,
Calcium and Potassium,
Protein

especially with:
undernourished children
pregnant women
AIDS patients

and how:
mix one heaped spoonful daily in the meal

Impact:
stops Diarrhoea
Mycosis on the skin disappears
Diabetes is stabilised
Anaemia improves
helps with Abdominalgia

BLOOMS are used to treat colds
cook the PODS like vegetables and boil the SEEDS like peas

Also:
when used together with artemisia annua it improves the immune system of HIV /AIDS patients

CLEAN WATER WITH MORINGA SEEDS

for 20 litres you need 10 mashed seeds